

The Importance of the Development of Recreation Tourism in the Social Life of the Country

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Abstract

This article talks about the importance of the development of recreation tourism in the social life of the country and its development prospects.

Keywords: *ecological tourism, region, demography, nature, tourist, natural areas, human factor, ecological knowledge, places of pilgrimage.*

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Now the highest pilgrimage sites are the cities of Mecca and Medina in the Islamic religion, Jerusalem and the Vatican in the Christian religion, Gautama Sitharta (related to his life) in Buddhism - Lumbini, the city where the Buddha was born, Bodhgaya (clarification of the mind), Sarnath (first sermon), and Kushinagara (departure). Also places where Gautama Buddha was - Kapilavastu, Rajgir, Nakanda, Sankasya, Shravasti, Vaishadi, Patna, Kaujambi. As can be seen from the notes, all three religions consider it a high level of purification to go to the places where the prophets of their religion were born, grew up and died and perform religious prayers.

Are we confusing high-level pilgrimage with the worship of holy saints' graves or holy places? No, the meaning of Hajj and Umrah, the highest pilgrimage in Islam, is well known to both young and old living in our republic. But according to our understanding, the word "pilgrimage" is so ingrained in our minds that no one will accept that if you go to the holy saints, their graves, and pray to the holy places, it is not a pilgrimage, but a worship. And we all understand the mentioned worship as pilgrimage.

Therefore, the term religious tourism can be left alone, or it can be written as religious pilgrimage tourism. In our opinion, religious tourism is not a popular term in our country.

Why do people go to religious places of pilgrimage? If we look at our history, even during the time of the Soviet Union, which completely denied religion, religious people worshiped the graves and holy places of saints, great sheikhs, great scholars of Islamic teachings secretly, even risking their lives.

The well-known scientist of our people, professor Sultanmurad Olim,¹ answers this question like this - "O dear holy father! Convey my prayers to Allah for the happiness of me and my family, because you have achieved the blessing and mercy of Allah with your faith. That is why I am praying for you. Because your soul is close to God as an angel and is always in communication with him.

Angels, all spiritual beings, the throne, the heavens ride around the saints and are in their service, and people tell their pains to the souls of these saints. If a person's problem is cured and he is cured of his pain.

As we noted, many spiritual scientists have also emphasized that the main purpose of a person is to worship saints and holy shrines.

When determining the place and importance of the development of pilgrimage tourism in the social life of the country, it is necessary to emphasize how highly Uzbeks venerate the shrines, create their own beliefs by worshiping the graves of saints, and gain salvation. It is very important that we emphasize the stabilization of the social environment in the country as the prayers for purity, merit, repentance, good luck, peace, tranquility and so on spread to the general public, and this stabilization is very important in our current peaceful life.

Each of us understands very well that after worship and pilgrimage, a person has a certain confidence and calmness, and this situation also creates a certain calmness and peace in the family.

We mentioned the influence of shrines in our country. Maybe these shrines contain bio-rays, cosmic rays that have a positive effect on the human spirit. Perhaps, healing in the water of the springs in the holy shrines also originated from the blessings and wishes of the saints whose

¹ Sultanmurad Olim. Naqishband and Navoi. Tashkent, "Teacher", 1996, p. 13.

graves are around the spring.

What are the healing properties of the soil of holy places based on, how did they originate? Although there are no complete answers to the mentioned questions in today's advanced age, visiting saints and holy places is increasing year by year in our country.

Not all pilgrimage sites are the same. If the family has enough material resources, all the shrines around the family will visit the holy places. But, in many cases, a particular family has shrines that they visit regularly. Family members are well aware that these shrines were also revered by the ancestors of this family.

The role of pilgrimage in the development of tourism in our country in the economic life of the country is incomparable. Because most of the great scholars, saints, and sheikhs who created the teachings of Islam are children of our country and their graves are also in our country. That is, as our president I.A. Karimov noted, "the foundations of religious and worldly sciences were created and polished on this land."² Also, the following words of our President I.A. Karimov define the importance of the development of pilgrimage tourism in the life of the country. "There are those who have reached this day and there are those who have not. That is why it is both obligatory and obligatory to remember our ancestors who longed for freedom and fought for freedom with prayers. May the pure souls of our ancestors be happy, let us be worthy and loyal to their dreams³.

²Karimov I.A. 1996 December 14 from the report of People's Deputies at the Bukhara Regional Council.

³Karimov I.A. From his speech at the opening ceremony of Aimr Temur's statue in Tashkent. August 31, 1993.